

CALDWELL COUNTY HEALTH DEPARTMENT ANNUAL REPORT 2012



In 2012, the Caldwell County Health Department continued their support of Susan G. Komen for the Cure. Each year the clinic receives funds from the NC Foothills Affiliate of the Komen Foundation to provide breast cancer screenings for women who otherwise may not have received them. This year, with help from staff at DSS, over **\$1,250** was raised.

Fundraising efforts included:

- Hats for Harmon: at monthly staff meetings, Health Department and DSS staff could donate \$1 for the privilege of wearing a hat in honor of Audrey Harmon, a health department employee and a breast cancer survivor receiving treatment.
- Bake/Book Sale: staff donated books and baked goods throughout the fall and in October the health department held a sale and all proceeds went to Komen.
- T-shirts: breast cancer awareness t-shirts were sold to health department staff with all proceeds benefiting Komen.
- Basket Raffle: sponsored by the Employee Appreciation Committee, baskets were designed and items donated by each department and raffled off. Half of the proceeds were donated to Komen.
- Race for the Cure: 30 walkers/ runners from the health department, DSS and their families participated in the walk/run held on Saturday, October 27 at Lenoir-Rhyne University. The top male over-all runner in the 5k race was Michael Jaquins, an employee of DSS.

A Special Thank You to:

Komen Committee: Jami Bentley, Libby Clark, Diana Kirk, Kristy Money, Shirley Stamey and Brooke Winebarger

Fundraising Committee: Jami Bentley, Libby Clark, Kristy Money, Betsy Pierce and Brooke Winebarger



To promote, protect and improve the health of our community

Clinical Services

In 2012, the Breast and Cervical Cancer Control Program (BCCCP) was awarded additional funding allowing more women to receive screenings. BCCCP is a breast and cervical cancer control program, providing breast exams, pap smears and mammograms for income eligible women 50-64 years of age.

Vaccinations have been a part of our culture for many years. In fact, some diseases such as polio have become eradicated in the United States and many parts of the world due to vaccinations. Caldwell County Health Department strives to make many immunizations available to infants, children, youth, adults and the elderly. In 2012, CCHD's child immunization rate was over 90%!

In 2012, flu cases were at an all-time high, especially from October-December. Caldwell County Health Department began planning for the annual drive-through flu vaccination clinic that summer. Dispensing took place at the Caldwell County Human Services Building on September 22nd 2012. Individuals participating in the drive-through included health department staff, volunteer Nursing students from Appalachian State University and officers from both the Lenoir Police Department and the Caldwell County Sheriff's Office. Thanks to advanced planning, volunteers and staff, the clinic ran smoothly. During the four hours of the drive-through, 475 flu vaccinations were given. CCHD also visited six different nursing homes and adult daycares to administer flu vaccines. Caldwell County Health Department received a total of 1,200 doses of the flu vaccine and all were administered to the public.



For more information, contact the Clinic at: 828-426-8400.

Animal Control

Caldwell County Animal Control offers a number of services including adoptions and rabies vaccinations. In 2012, 281 animals were adopted from the Caldwell County Animal Shelter. This is an increase of 77 animals from 2011. Adoption events throughout the county contributed to this success as did the CCAC volunteer program. Each week, Monday-Thursday volunteers dedicated their time to care for the animals at the shelter. The volunteers bathed, groomed, walked and played with the animals that were waiting to be adopted. During the year, 154 animals were rescued through outside organizations, allowing for these animals to be adopted into loving families, not only Caldwell County but throughout the United States. In December, CCAC partnered with a transport group to help get shelter animals transferred into loving homes throughout the United States. This partnership will increase the number of animals adopted from Caldwell County in coming years.



Leroy, a dog from the Caldwell County Animal Shelter, was selected to attend a memorial service in Connecticut for Newtown Elementary School because of his loving nature and beauty. Leroy was able to give some comfort to grieving children and put a little joy back in their hearts. Without the hard work of CCAC officers, staff, volunteers and the partnership with the transport group, this would not have been possible.

For more information, contact Animal Control at: 828-757-8625.

Health Education/Promotion

In 2012, a Wetlands Walking Trail was added to our beautiful campus. The trail is a 750 ft. loop and gives employees at the Human Services Building and the Sheriff's Office an accessible location to exercise during breaks. This wetland is also accessible to the public at any time. Wetlands are habitats to many different animals including frogs, lizards and birds as well as all types of plants. At one point during the year, there were frogs and lily pads in the wetlands.



Along with this new addition to the campus is on going maintenance and beautification. In early November, volunteers provided maintenance and landscaping to keep the wetlands suitable for habitation. During the day, grass was sowed, mowing was done, rocks were moved and trees were planted. Without the help of the volunteers, some of the wetland inhabitants would have had to relocate.

For more information, contact Health Education at: 828-426-8462.

Thank you to: Jack Daulton, Jimmy Harrison, Brooke Winebarger, Jessica Carter, Brittany Crump, Kevin Clark and Doug Kimberlin

Home Health

In 2012, Caldwell County Home Health served 482 citizens in the community and made 11,436 visits. Caldwell County Home Health has served the citizens of Caldwell County for 38 years and will continue serving the community and its citizens through Advanced Home Care beginning in 2013.



Women's Health



Women's Health is an interdisciplinary team of health professional that provides clinical and care management services to pregnant and postpartum women. Caldwell County Health Department participates in the NC Medicaid Pregnancy Medical Home Project. The goal of this program is to provide evidence-based, high-quality prenatal care to Medicaid recipients, thereby improving birth outcomes and reducing Medicaid costs. In 2012, over 1,200 clinical visits were provided to clients regardless of their financial circumstances. Services included pregnancy tests, counseling, routine and sick maternal health clinic visits and ultrasounds. Pregnancy Care Management services were provided to pregnant women who resided in Caldwell County and were receiving Medicaid. The level of pregnancy care management provided was in proportion to the individual's identified needs. Pregnancy Care Managers, Registered Nurses and Social Workers on the Women's Health team, monitor the pregnancy through regular contact with the patient's physician to promote a healthy birth outcome. 840 patients were impacted by this service in 2012. Education is a vital component of the program. Women's Health continues to offer Prepared Childbirth Classes and "Taking Care of Baby and Me" classes. These programs along with our clinical and care management services, promote healthy birth outcomes.

For more information, contact Women's Health at 426-8488.

WIC/Nutrition

In 2012, WIC offered services and nutrition education to over 2,100 participants in Caldwell County. After conducting client satisfaction surveys, the WIC program changed office hours to provide more appointments during lunch time, early mornings and evenings to program participants. This allows participants easier access to program services at a time that is more suitable for their schedules.



This year, WIC also started providing weekly nutrition classes on a variety of topics for program participants. This gives participants a chance to learn more about important topics and ask questions to WIC staff. WIC also offered a day-long seminar called "A New Perspective on an Old Tradition: The Risks of Not Breastfeeding" which provided continuing education credits to health professionals in Caldwell County.

Environmental Health

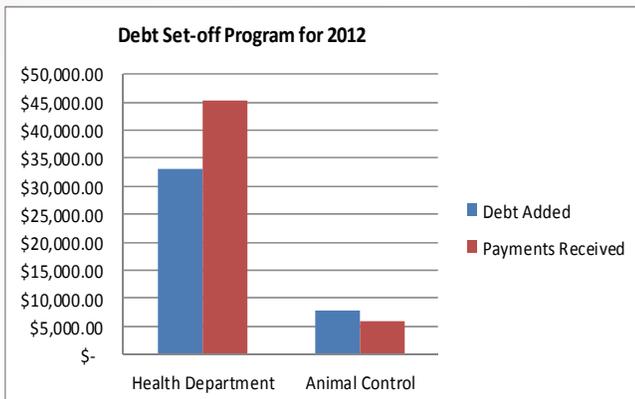
Environmental Health provides inspection services for Caldwell County in the following areas:

- Food, lodging and institutions
- Private drinking water wells
- On-site water protection
- Public swimming pools
- Child lead prevention
- Child care centers
- Tattoo establishments

Services for programs range from regulatory inspections, permits, complaint investigations, and consultative visits. In 2012, on-site water protection conducted 351 site evaluations for septic and 35 for wells.

Financial Data

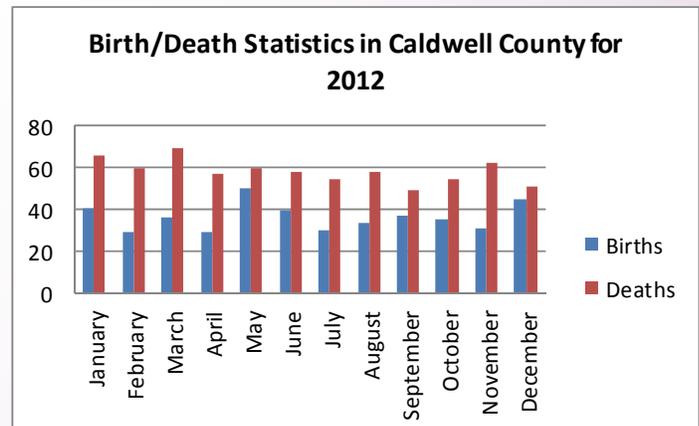
The **debt setoff program** assists North Carolina's local governments with the recovery of delinquent debts by offsetting debtors' North Carolina state tax refunds and Education lottery winnings. Each year, more accounts are added to those not paid from previous years. Both the Caldwell County Health Department and Caldwell County Animal Control participate in this state program.



CCHD: Debt added= \$33,143.99
Payments= \$45,306.03

CCAC: Debt added \$7,897.25
Payments= \$5,780.82

Birth/Death Rates for Caldwell County are important to understand because population growth, decline and age change can alter services that must be provided by the health department and other organizations in the community.



Total Births in 2012: 437
Total Deaths in 2012: 700

2012 Board of Health Members

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Angie Ashley	John Maggiore, MD
Karen Cannon, RPh	Jo Murray
Ben Griffin, Commissioner	Marion Rothrock, PE (Vice-Chairman)
Wayne Hollar, DDS	Rebecca Whisnant, DVM

