

# Coronavirus

## What is coronavirus?

There are many different kinds of coronavirus. The most recently discovered by scientists is the 2019 Novel (New) Coronavirus, also known as 2019-nCoV. The virus was first identified in Wuhan, China. It causes respiratory illness. As of January 26, 2020, there have been 5 cases confirmed in four states in the US, including Arizona, California, Illinois, and Washington. For more information on the coronavirus, please visit <https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>.

## How does coronavirus spread?

An individual can get the virus through the air by droplets from an infected person coughing or sneezing. It can be transmitted by close personal contact, such as touching or shaking hands. An individual can get the virus by touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.



Countries that have Identified Cases of 2019-nCoV as of January 26, 2020 (CDC)

## What are the signs of coronavirus?

- Shortness of breath
- Cough
- Fever

*If you are experiencing symptoms, you should tell your healthcare provider about any recent travel or contact with animals.*

## How to prevent coronavirus?

There is currently no vaccine to prevent against the coronavirus. Steps that you can take to avoid getting and spreading the virus are:

- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid close contact with people and stay at home while you are sick
- Cover your mouth and nose with a tissue when you cough or sneeze
- Clean and disinfect objects and surfaces