

Your First visit to the Caldwell County Health Department Maternity Clinic includes:

- Weight
- Blood Pressure
- Medical history
- Lab test
- Physical including pelvic
- Check in with your Pregnancy Care Manager

This first visit takes about 2-3 hours. You may eat before your visit or bring a snack unless otherwise instructed.



Your Appointment at the Caldwell County Health Department Maternity Clinic is:

_____ Date and Time

If you are unable to keep this appointment, please call to cancel at the numbers below.

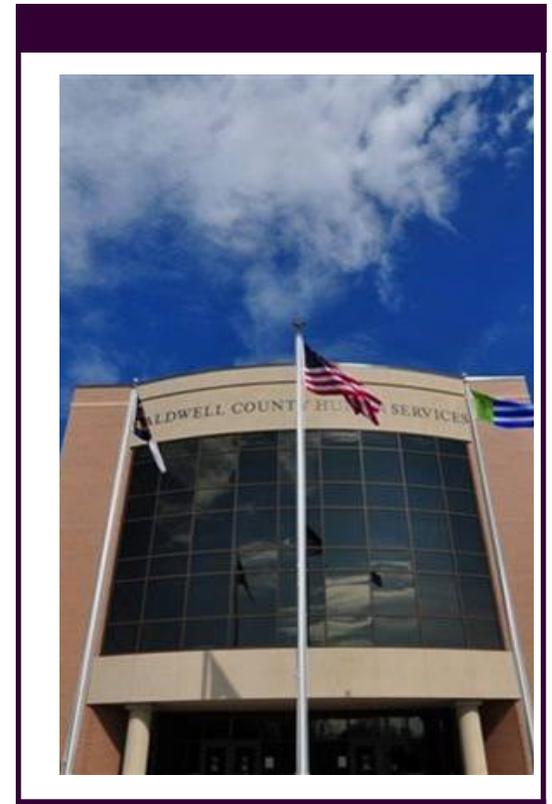
You may bring one (1) person with you to this appointment

Caldwell County Health Department
2345 Morganton Blvd SW
Lenoir, NC 28645
828-426-8488
After hours: 828-426-8400
WIC Appt: 828-426-8407



Like us on Facebook at Caldwell County Health Department

Welcome to Caldwell County's Health Department Maternity Clinic



Mission: To Promote, Protect, And Improve the Health of our Community.

We are glad you chose us for your health care. You can choose our Maternity Clinic or a private physician. It is very important that you receive prenatal care. The Health Department does not provide delivery services but can care for you during your pregnancy, help you locate a physician for delivery and transfer your record.

We are available Monday through Friday 8-5 for questions at 828-426-8488.

The phone number for after hours is 828-426-8400.

You will hear a recording and a number will be given to you for an on call nurse.

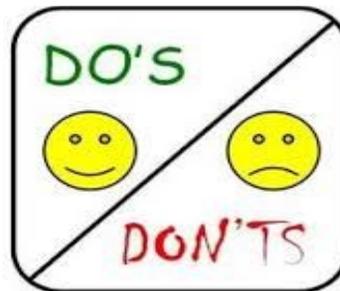
The WIC phone number for appointments is 828-426-8407.



We will help you find a physician for your delivery.

Pregnancy Precautions

- Unless otherwise instructed take the Prenatal Vitamins provided.
- Do not take any medication without checking with your physician.
- Regular Tylenol is OK to take as directed on the package insert.
- No use of saunas or hot tubs.
- Inform MD or technician that you are pregnant before any X-rays.
- Avoid contact with others that are sick with a rash or fever.



Please call the Maternity Clinic or seek medical attention, if you have any of the following:

- Vaginal Bleeding
- Severe cramping like with your period that does not go away
- Burning upon urination
- Increase in vaginal discharge
- Fever
- Severe nausea and vomiting
- Headache with visual disturbances



Do not hesitate to call us for any questions you may have regarding your pregnancy.